

chaseterracetechnologycollege

FOOD POLICY

1. Rationale

This policy is aimed at the promotion of a healthy lifestyle through healthy eating.

2. Aim

To ensure that all aspects of food and nutrition in school promote the health and wellbeing of students, staff and visitors to the school.

3. Objectives

3.1 To promote healthy eating by making use of 'Food in Schools' document and other Government – led directives.

3.2 Informing students to allow them to make the appropriate choices with regard to the food and drink they choose.

4. Monitoring and Evaluation

4.1 Through feedback from students, parents and teachers via school council, questionnaires etc.

4.2 Through monitoring sales of food/drink e.g. school lunches/vending machine.

4.3 Carried out through 'Healthy School Status' process (Award gained and maintained).

5. Dissemination and Review

The policy, in line with other school policies, will be made available to all staff via the Staff Handbook and to parents via the school web site. The effectiveness of the policy will be monitored and evaluated by the Healthy Schools Coordinator, with oversight provided by the School Business Manager.

Reviewed by: **Governors' curriculum and Community Committee**